

**EXECUTIVE SUMMARY REPORT OF
MINOR RESEARCH PROJECT**

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**TIME MANAGEMENT OF WOMEN ENGAGGED IN SELF HELP GROUP
FROM AHMEDNAGAR DISTRICT**

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AHMEDNAGAR**

REPORT OF MINOR RESEARCH PROJECT SUBMITTED

TO

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PUNE

**TITLE OF THE PROJECT: TIME MANAGEMENT OF WOMEN ENGAGED IN
SELF HELP GROUP FROM AHMEDNAGAR DISTRICT**

1. Rational Of Topic Selected For Research:

Self-Help Groups (SHGs) are playing a major role in rural India. The group based model of self-help is widely practiced for rural development, poverty alleviation and empowerment of women. Self-help as a strategy for social development places emphasis on self-reliance, human agency and action. The main objective of SHG concept is to improve the economic development of women and create facilitating environment for their social transformation in the lift of gender discrimination in work and household. SHG is a registered or unregistered group of micro-entrepreneurs having homogeneous social and economic background, voluntarily coming together to save small amount regularly, to contribute a common fund and to meet their emergency needs on mutual help basis. The SHG system has proven to be very relevant and effective in offering women the possibility to break gradually away from exploitation and isolation.

Time management of the SHG members will help them to maintain work-life balance and achieve the personal and group goal more effectively and efficiently. Overall development and successful career of women working in SHG depends upon goal setting, time management skill and positive thinking. Every Year Zilha Parishad of Ahmednagar district organizes Swarnjyoti Swayamsahayata Mahilabachat Gat Exhibition to promote SHG product by giving them financial assistance.

Time management and its practices are signs of overall development of members of self-help group. There is concern for a better understanding of enriching quality of life and development of members. In spite of many attempts made by the researchers in the field of time management literature pertaining to the Indian scenario needs further examination of time management and its measurement. The individual perception, time management practices of self- help groups makes the study useful. Performance levels may differ but they are associated with time management. Though several factors contribute to the performance, some may be

considered as more important than others. An attempt has been made to compare time management practices adopted by the self-help group members.

2.0 Review of Literature:

An effort is made to review a number of studies that has gone to various issues of SHGs, time management of practices of women, difficulties faced by SHGs in India. Review of literature is carried out through various books, management journals, and Internet sources.

3.0 Research Methodology

The research process used to conduct this study by explaining the study area, research problem, objectives, hypotheses, research design, sampling plan, data collection methods, questionnaire design, as well as the gathering and processing of the data.

3.1 The Study Area: Ahmednagar City

Ahmednagar is Maharashtra's most advanced district in many ways. It has the maximum number of sugar industries, perhaps to spread the message of rural prosperity through co-operation. The first co-operative sugar factory in Asia was established at Pravaranagar. A role model of water conservation work can be seen at Ralegaon –Siddhi, which is also called the ideal village. The literacy level of Ahmednagar Districts is 75.82%. The industries are divided into three categories mainly big size, medium and small size. Overall 18 big, medium 189 and 5782 are small scale industries in Ahmednagar district. The four subdivisions are Shrirampur, Sangamner, Karjat and Nagar. The study has been carried out considering 14 taluka's of Ahmednagar and district place, ahmednagar.

3.2 Objective of the study:

The principle objective of the study is to examine time management of women engaged in self-help group from Ahmednagar district. The study proposes to examine the following objectives.

- 1) To study the Time management of women engaged in SHG from Ahmednagar district.

- 2) To make comparative study of Time management practices adopted by the selected SHG members.
- 3) To study difficulties and problems associated with Time management of women engaged in SHG from Ahmednagar district.

3.3 Hypothesis:

The present study is guided by testing the following hypothesis

H₀₁ : Time Management of women engaged in SHG is same in all economic Activity groups.

H₀₂: Pattern of Time Management of women engaged in SHG is same in all SHG.

H₀₃: Difficulties and problems associated with time management of women is Same in all SHG.

3.4 Collection of Data:

The data and information for the study is collected through primary as well as secondary sources. In the primary source, structured questionnaire are used to collect the information on various aspects of time management from selected members of Self-Help Group. For the secondary data collection extensive use of library has been made and referred various books on time management, research methodology, human development, life management, national and international management journals, work of other research scholars and internet sources.

4.0 Analysis and Interpretations of Data:

The information on time management practices, frequency of meeting, problems associated with time management, time log schedule of self-help group members is collected through structured questionnaire. Statistical analysis of each question in the questionnaire is cross tabulated on the basis of economic status of the group and group members. The Chi-square is applied to investigate the possible independence between them.

5.0 Findings, Conclusions and Suggestions:

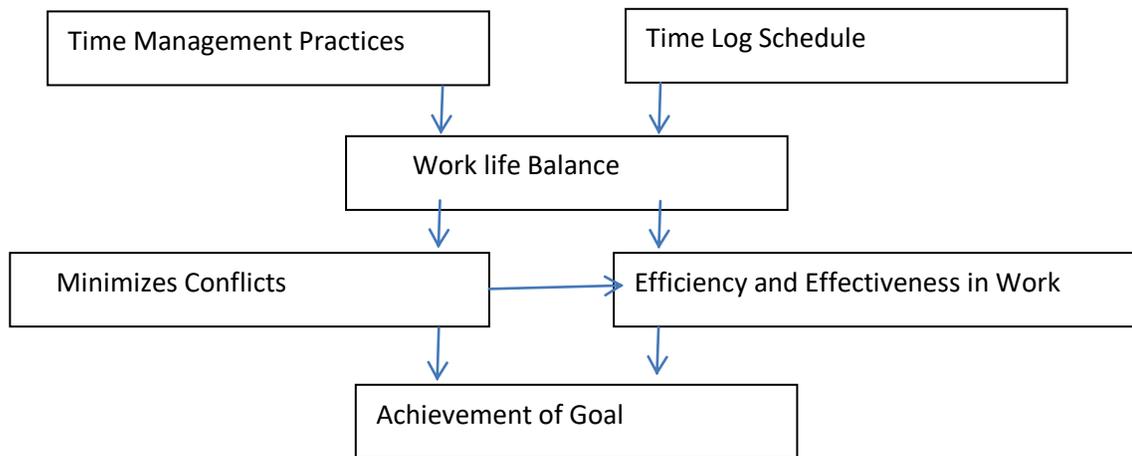
It has been found that the SHGs are organizing the meeting; members have been found in maintaining the books of accounts, diaries, and practicing the various tools of time

managements. The members are reserving the time for entrainments. From the time log schedule it has been observed that the members are doing economic activities in the afternoon. They devote their morning and evening time to their families and routine task. Meaning that they maintain work life balance. About 90 % SHGs are making profit while performing the economic activities which results into achievement of goal of individual and groups also.

It has been found that the women engaged in SHG activities give more importance in doing the multiple activities. They also have the practice of setting deadline to their important task. The hypothesis that is relation between economic status of group and time management practices is rejected as ‘P’ values of chi-square is greater than 0.005. In a nut shell there is no association between economic status of self-help group and time management practices.

In conclusion time management can be considered as one of the important function towards improvement in efficiency, effectiveness and overall performance and quality of life of women engaged in SHG activities. Time management is a continuous process.

Fig.1 WLB Model



As shown in work life balance (WLB) model, one can achieve the goals of group and individual success by practicing time management tools and making schedule of activities. These two practices are helpful for making work life balance and results into enhancement of efficiency and effectiveness in work. The time management practices adopted by the SHG members are not same even though they are working in the same group. It varies with individuals. This can be considered win-win situation for one-self and organization, for the achievement of goal.

Suggestions:

One of the national organization under the control of central government usually conducts various rounds of economic and social surveys as SHG is worldwide movement , It is highly suggested that National Sample Survey should take a lead to conduct periodic rounds of survey of time management and various issues of women engaged in SHG.

Institute of social sciences should also provide financial assistance for the researcher pursuing their research as SHG in general.

Educational institute in general should take a lead to conduct variety of awareness program specially designed for women engaged in SHG.

6.0 Contribution to the Society:

Self- Help Group have been playing considerable role in building lives of women. The investigator has found that while carrying out research survey, it has created awareness among the women about time management and its practices. The respondents feeling were different because of their appreciation for work and self respect.

Self Help Group members have assured that, hence forth both the work, i.e. daily routine work of house and SHG activity is equally important for them.

Members of the Self Help Group are in self independence role. They are guiding to their neighbors and community

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**QUESTIONNAIRE FOR SURVEY OF WOMENS SELF HELP GROUP
AHMEDNAGARDISTRICT (M.S.)**

I) GENERAL SHG PROFILE :

1) Name of SHG : _____

2) Address : _____

: _____

: _____

3) Category : BPL/ APL/OTHER

4) Date of Establishment: / /

5) Name of the Organization which promoted SHG

i) Bank/ Any other Financial Institution

ii) NGO -----

iii) Govt. Department-----

iv) Co- Operative Society-----

v) SELF -----

vi) Any other -----

6) Whether SHG is registered under any other legal provision: Yes / No

----- **Reg. No:** -----

7) Objective of SHG:(State the reason why the group have been formed)

8) **Vision/ Mission / Goals of SHG** : (Long term vision for the nest 15- 20
Years)

9) Details of Group Economic activities / Income generation activities of SHG

Sr.No.	Economic activities undertaken	No. of Members Taken up the activities	Average monthly Investment Of SHG	Average Annual Profit/ Loss	Reasons (Indication of Profit or Loss)
1					
2					
3					

10) Book Keeping and Documentation

Indicate whether the SHG are maintaining the following books and ledgers

Sr.No.	Name of Books / Ledgers	Yes	No
1	Admission Book		
2	Attendance Register		
3	Cash Book		
4	Minutes Book		
5	General ledgers		
6	Loan Register		
7	Bank Pass Book		
8	Any other (Specify)		

11) Indicate frequency of meeting -----

(Weekly / Monthly/ fortnightly)

II) MEMBERSHIP DETAILS

1) No. of Members in the group : _____

2) Age group of Members (Specify)

I -- (18 TO 30)

II - (31 TO 40)

III – (41 TO 50)

IV - (50 TO 60)

3) Marital Status : :Number of Married-

: Number of Unmarried

4) Educational Status :

Sr.No	Illiterate	10 th STD.	12 th STD	Graduate	Post Graduate

III)SHG GROUP MEMBER DETAILS :

- 1) Name of Member : _____
- 2) Designation in Group : _____
- 3) Qualification : _____
- 4) Occupation : _____
- 5) Age : _____ Years
- 6) Total Family members _____
- 7) Economic status of Member : BPL/ APL
- 8) Mobile No : _____

IV) TIME MANAGEMENT PRACTICES ADOPTED BY THE MEMBER

- 1) State the purpose of Joining the group :

- 2) State the role or work assigned to you in group

- 3) What plan do you have for your group

- 4) Do you delegates the necessary task to other member in the group ? : Y/ N
- 5) Do you write your activities / appointment/ reminder notes in diary?: Y/N
- 6) Do you have habit of saying “No” for the work which is not yours? : Y/N
- 7) Are you habitual of postponement of your work for the next day? :Y/N
- 8) Do you set deadline for your important task? :Y/N
- 9) Are you habitual of doing multiple activities at a time? :Y/N
- 10) Do you reserve some time for entertainment? :Y/N

11) Time use schedule (for one week) (Write Appropriate Number only)

- 1- Cleaning, Break Fast/ Tiffin Preparation
- 2- Washing Cloths, Lunch.
- 3- Purcasing
- 4- News Paper Reading
- 5- Watching Television
- 6- Children Study.
- 7- Exercise
- 8- SHG Activities
- 9- Other Income generating activity
- 10- Other (Specify)

Sr. No.	Hour	Mon	Tue	Wed	Thu.	Fri	Sat	Sun
I) 7.00 AM TO 10.00AM								
II) 10.00 AM TO 02.00PM								
III) 02.00 PM TO 05.00PM								
IV) 05.00 PM TO 08.00PM								

12) Details of Individual Economic activities / Income generation activities apart from SHG

S.N.	Economic activities undertaken	No. of Members Taken up the activities	Average Investment	Average Annual Profit	Remarks (Indication of Profit or Loss)
1					
2					
3					

13) For the following statement (please ✓) at appropriate box.

1. Strongly Disagree (SD) 2)Disagree(D) 3) Neither Agree nor Disagree(NA)
 4)Agree (A) 5.)Strongly agree (SA)

Sr.No.	Questions	Rate (please ✓)				
		SD	D	NA	A	SA
a)	I feel in control of my time at the end of the day.					
b)	I find myself doing task that I don't like but that must be done.					
c)	I am always worried about my work.					
d)	I have full freedom from my family members for working in SHG					
e)	I am habitual of learning new things.					
f)	I feel that my status and position in society has become stronger because of SHG.					
g)	I am happy with my work and family.					
h)	I inform others about time limits in advance					
i)	I think positively and encourage myself while working in group.					
j)	My income has been increased due to SHG					

V) Conflicts/ Problems:

1) Have you faced / observed any conflicts while working in SHG? : Y/N

If Yes, State reasons _____

2) Do you have freedom in your Self Help Group while taking decision? : Y/N

If No, State reasons _____

3) Who interrupts you while working in SHG?

i) Family members ii) Group Members iii) Personal work iv) Nobody

4) Do you feel that your days are unpredictable to plan and manage time? : Y/N

5) Do you attend meeting regularly? : Y/N

Total Meeting	Present	Absent

5) Reason of less attendance:

SIGNATURE

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GROUPS : A STUDY**

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